

Minutes of TRUE HOPE Nutritional supplement Alberta Canada,
Phone for information-1-888-TRUE HOPE
Speakers-Anthony Stephan, David Hardy
Date: 9-16-09
Place: ██████████, Amstutz Rd., Shiloh, Ohio
Sponsored by: John Keim

Subject: How to get off medications and experience good health (mental) by using True Hope Products.
Introductions: Anthony Stephan founder of company. Had a lot of mental problems in family-wife's father committed suicide. Wife also had problems-Committed suicide only 2 weeks after going on Prozac! Daughter following in same path, also son, very angry-violent-(told in pathetic sad story) met an Ag Nutritionist, who saw deficiencies in soil and feeds, saw hogs bite each other--got right nutrition--stopped. These 2 men experimented with combining vitamins and minerals, put son on, got only about 20% better, experimented some more--tried it again, God given answer! Son was on 750 mg lithium, in Jan 1996 put him on their product, was better in 3 days, ran out of med, got refill, put it on shelf, never took it down, didn't want the drug to interfere with his nutrition. Got better, after 30 days asked what happened, never felt better, NEVER LOOKED BACK! Is married and helps with company, no mood disorder. By the grace of God found the right path to health. The other path would have been life-long illness, probably prison, lost ability to live a good life.

Ian was in institution, could come home if 24/7 care was given and watched. Went to church, had a panic attack, folks said take to hospital. He took her home and forced nutrients on her. 7 days later husband came for her was healthy NEVER LOOKED BACK! Had been on 5 meds, is off for 13 years. Wrote book about her experience-is a best seller in Canada. These illnesses are listed as incurable--I'm here today to tell you that's not so. God answers prayer.

Has 9 children, youngest also had trouble got her on nutrient mix right away and she stayed healthy. So important to get it before it's so bad!

David Hardy spoke of his ag nutrition work and helping to formulate this product. Worked to get the good news out to people. They founded TRUE HOPE CO., a non profit co. Have 53,000 people in (didn't get the number) of countries using it. Ohio State University published a paper of research they did. Named 4 other universities working with them. Have articles in 8 medical journals. It's catching on like BONFIRE!

People are so drugged on these addictive drugs. They're seeing 30-60 days later, healthy--no drugs. Just the right nutrients let you be the person you really are.

British medical journal in 05 reported 702 studies, discovered 87,000 people using anti-depressants--suicide risk doubled. Saw what it did in his family, claimed they're training hundred of doctors across U.S. in their program. When 1st started weren't looked at by doctors. But doctors are losing hope in drugs, seeing that they don't work. FOA pulled statistics that found drugs are NO better than placebo in treating mental illness--but found a HUGE difference between their product and placebo!

Played a news cast of a crying mom, son was hopeless--poor school, was drugged, etc., this product life saver cured him, good pupil, now.

Had major resistance by Drug companies, have so much power, It's all about money. A major court battle ordered them shut down, but won their case are now licensed to sell it (Web site says haven't been issued a number) and may print on bottle "For Mental and Emotional Well being". Government wants people on drugs. Hope in 2-3 years this is the number ONE therapy for mental health. It's not about money, it's about health.

Everyone in this room should be supplemented. It's a scientific fact that foods are not as good as they were years ago. Researched from 1963-1999 broccoli contains less than 1/2 the calcium. 81% of copper in foods is gone. Copper is a major element missing in schizophrenia! See the connection! All 40 elements are less than 40 years ago.

The Creator was a lot smarter than scientists. It's foolishness to ignore this knowledge. If cells don't have the right nutrients chromosomes break down, has the same effect as radiation! 90% of poor health would disappear. Migraines, Parkinson's, etc, they're all deficiencies of essential elements. Has a brother with Parkinson's. Didn't help him much because was so far gone already. So important to get these diseases stopped before they start.

In U.S can legally add iron oxide to pills and claim there is iron in. You know what iron oxide is--RUST!

This product has been proved to grow nerve endings. Proved that brain cells can grow back. Quoted an experiment where suctioned out part of rat brains. Put some on Purina Rat Chow diet--a very good feed, got 20% better. Those on this product grew ALL the CELLS and MORE besides! (Question of mine: Would those rats have grown a 2nd brain if kept on?)

Without Exception humans also respond with better memory. Will it help everyone? YES IT WILL. He takes 15 caps a day (recommended amount) and has better memory than he used to. Everyone in this room should take it. It really is a God given answer!

Scientific fact 50 genetic illnesses can be cured with this program. But it's a new idea to doctors, and Drug Co's know this product works and the dollar counts.

A six year old neighbor girl had lack of oxygen at birth. Needed 24/7 care suction mouth, on oxygen, had seizures, was blind, liver started to shut down, about to die, any hope? Asked to try their product, put through her feeding tube. Didn't expect such results! In a month, no oxygen, had 4 of best seizure meds and weren't controlled. Several months later, off all drugs and no seizures. Was blind, 1 1/2 years later started seeing things. Even neurologist was amazed! Amazing how this product allows nerve endings to grow back. Do you know of any product that grows back nerve endings?

Do you know of anyone on mental drugs for 10-15 years that has a good quality of life? These drugs stay in the body for years & years. His daughter that was on 5 med and is well for 13 years now & wrote the book, still has times when she suffers after effects of the medications she took 13 yrs ago! The liver and lungs are main places these drugs stay in. (Do we read here, daughter is not so well but it's blamed on drugs taken?)

People get mixed up. When they start on this program they feel so much better and it's not the placebo effect. Then is the time to start going off meds, taper-taper off. Will they suffer adverse effects? YES they will! So important to have a trained support person to help make decisions, as the drugs can really mix people up. It's a hard time when the product hasn't resolved the illness yet. No doctor knows more about taking people off drugs than we do. Nobody--WERE THE EXPERTS!

I believe all mental disorders are a lack of nutrients. The NUMBER ONE point I want you to take home today is "If you want your family to be healthy, consider taking this supplement".

Zinc is another deficient nutrient. 50% of tumor cells is a lack of zinc. Why isn't this told to everyone? Doctors don't study nutrition, don't take that course. If they do, they use a textbook that is 120 years old. Your taxi cab driver probably know more about nutrition than your doctor! It's our duty to get this info out.

They weren't able to bring their printed material across the border. So got it copied in Columbus, & will mail it to the names and addresses collected on a tablet passed around (about 150 people there) from OH counties, PA, KY, VA, & Canada. John Keim was there and opened the meeting.

The cost is \$74.95 a bottle of 225 pills. Usual dose is 15 pills a day. It's not about money--they are non-profit (???) have to pay their support people (nice word for dealers, maybe?)

Question: How long do you have to take it? Answer: You have to eat all you life don't you! You have to get your nutrients somewhere.

(I left then as were just repeating cases, was about 3/4 over).

Their literature I sent to our doctor. One item almost amused me. The paragraph was telling how much side effects the drugs have and how bad the people feel but quote: "These symptoms are not seen in medication naïve individuals". Naïve means blissfully innocent unaware etc. So in other words, if one doesn't know they should feel bad, they don't!

I also read the book and in there the daughter writes how the Mom was planning the suicide for weeks, just waiting for the right moment when everyone was gone elsewhere. Also the suicide note said they shall take the life insurance money (which she had recently bought a larger amount) to pay off the debts that creditors were hounding them. Quite a difference from his statement of "2 weeks after going on Prozac". Our local mental health people were at their 2nd meeting and looked them up on the Internet and their web site (1) there they saw that as yet no license number has been issued to sell. (2) Also their claim of having so many thousand on, only lists 63 people on their web site as actual documented trial. 3) the side effects listed, that people experience if they suddenly stop taking the product the mental health people said are not side effects one would have from going off vitamins. Raising the question, what is in it? The ingredients are listed to a propriety blend which would be their own secret formula, protected by law. A lab would be in violation to analyze a pill for you and tell you their secret blend. 4) One B vitamin is listed as 4000% raising the question--is it natural to take such an overdose. What does it do to your kidneys and liver? "You don't find that out until the organ is shot" (his words, local mgr) 5. It is illegal for a lay person to give medical advice. He held up the charts they had in their literature on how much less med and more product one uses each week. He claimed that is giving medical advice.

BOTTOM LINE:

1. It turned into a cure all
2. If it doesn't work it's the med you took years ago.
3. Maybe you need an additional something to make it work--at least 6 more products are in their bag.
4. Last but not least is the untrue statements, about how bad the drug co, doctors, etc, are. Frankly, I never heard such a pathetic presentation.
5. I feel it'll take care of itself because of the cost. If one can get some reg. Anti-depressants for \$4.00 for a whole month at Wal-Marts, who's going to stay on a \$150 a month regiment for any great length of time? The more difficult cases are ones that will suffer--and their families. Claimed part of the price goes for making the product available to those who can't afford it. When the local mental health called about getting it for such people they were told "there's nothing set up yet".